

MEDICATION GUIDELINES

The Alabama Board of Nursing, Alabama State Department of Education, and Trussville City Board of Education have strict guidelines regarding medications in the school setting. **A School Medication Prescriber/Parent Authorization** form must be completed for both prescription and over-the-counter (OTC) medication. These forms are available online at the school website, in the main office, and in the school health room.

Prescription Medication

- An authorized prescriber must complete the School Medication Prescriber/Parent Authorization form and the form must be returned to the school nurse.
- Change in dosage requires a new form to be completed by the prescriber.
- Prescription medicine must be in the original pharmacy container giving the physician's name, dosage and instructions.
- Parents/guardians must bring medication to school. Students may not transport medicine to or from school unless they are authorized on the PPA to self carry (see Miscellaneous section below).

Over-the-counter (OTC) Medications

- Under no circumstances is the school allowed to stock its own supply of OTC medicines.
- OTC medications (such as Advil, Motrin, Tylenol, Pepto Bismol, cough drops or syrups, etc.) require the same Medication Prescriber/Parent Authorization form as prescription medications.
- OTC medications may only be given according to the FDA recommendations listed on the packaging. Any requests to give a medication in a dose or manner outside of the FDA recommendations will require a prescriber signature.
- Substances that are not approved by the FDA, such as nutritional supplements, essential oils, etc. require a prescriber signature.
- Over the counter medications(OTC) must be in the original, unopened, sealed container bearing the entire manufacturer's labeling with a valid expiration date.
- If the OTC medication is to be administered for ten or more school days, a parent signature and a prescriber signature are required on the form. Medications to be administered for less than ten school days require a parent signature only.
- Non-prescription medications should be delivered to the school by the parent/guardian along with the authorization form. The student's name should be written legibly on the container.
- Liquid medicines must have a calibrated medicine cup, spoon or syringe.

Miscellaneous

- Certain medications for emergency and chronic health conditions such as asthma, diabetes, or anaphylaxis may be carried by the student on his/her person with a completed Medication Prescriber/Parent Authorization form that includes parent and healthcare provider signature indicating permission to self carry.
- Health room personnel can treat cuts, scrapes, bug bites and injury with soap and water, antibiotic ointment, Calamine lotion, band aids and ice bags only.
- **It is essential that current phone numbers and contact information be on file so that parents/guardians can be contacted.**